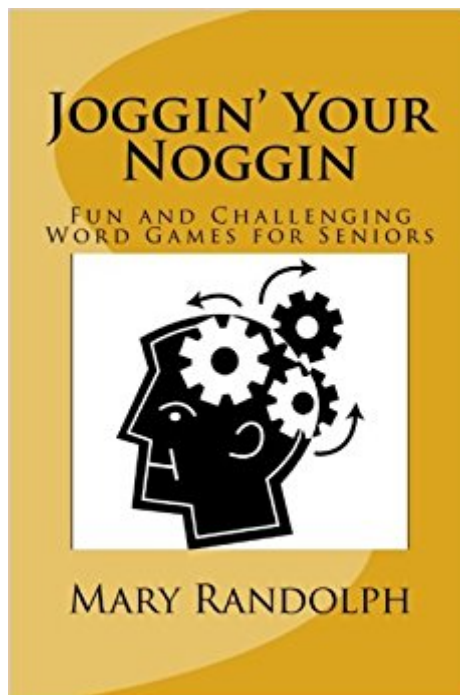




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# **Joggin' Your Noggin: Fun And Challenging Word Games For Seniors (Volume 1)**



## Synopsis

The “Joggin’ & Your Noggin” series of word games is aimed at improving the lives of people struggling with dementia. Unlike many Alzheimer’s activities books directed to caregivers, “Joggin’ & Your Noggin” is designed to be completed by a person in mild to moderate stages, independently or with some support. Written by a Speech-Language Pathologist, the games offer an opportunity not only for fun, entertainment, and a sense of accomplishment, but also for essential mental stimulation. “Complete the Song Title,” “Name the Opposite,” “Picture the Description,” and “Fill in the Blank” are but a few examples. When shared with caregivers, family or friends, meaningful interaction is automatic. Individual questions provide a springboard to reminisce about fond memories and create moments of shared joy. Activities Directors and Recreation Therapists will find a wealth of ready-made content to incorporate into group activities. The level of difficulty, based on vocabulary, varies from the simplest in Volume I to the most advanced in Volume IV. Answers are readily accessible on the following page or at the back of the book. Each volume contains over 70 games and is sold at a more affordable price than similar products. The “Joggin’ & Your Noggin” series continues to receive very positive reviews.

## Book Information

Paperback: 88 pages

Publisher: Noggin Joggin’ Books (May 20, 2012)

Language: English

ISBN-10: 0615640273

ISBN-13: 978-0615640273

Product Dimensions: 6 x 0.2 x 9 inches

Shipping Weight: 7.2 ounces (View shipping rates and policies)

Average Customer Review: 4.2 out of 5 stars 48 customer reviews

Best Sellers Rank: #71,350 in Books (See Top 100 in Books) #43 in Books > Humor & Entertainment > Puzzles & Games > Word Search #53 in Books > Humor & Entertainment > Puzzles & Games > Word Games

## Customer Reviews

The author, a Speech-Language Pathologist and graduate of the University of Connecticut, has over twenty years’ experience providing therapy to improve communication. Ms. Randolph’s interests have recently turned to helping seniors who are struggling with

dementia. Responding to a remarkable paucity of puzzles, games and books geared toward this population, she has developed the entertaining and stimulating word games presented in the "Joggin' Your Noggin" series. It is her hope that they will provide many hours of pleasurable activity and enrich the lives of all who use them.

This is a well constructed activity book to use with persons with moderate to advanced dementia, especially those who in their pre-dementia lives enjoyed reading, crossword puzzles and language.

Very very easy. I gave it away hoping it will go to good use. My mother would have been upset if I gave this to her. The review I read before I bought it said it was too easy, but I tried it anyway. There might be someone that can use it. My heart goes out to them and their care giver. But anything to work ones mind at any level of dementia is a joy to all involved.

A little too easy even for moderate stage Alzheimer's.

I work with residents with advanced dementia and our residents do great with the questions, finish the song title, etc. Good variety and creates stimulating conversations while playing!

I recently ordered the set of 3 books for a friend whose father has Alzheimers. She called to thank me and told me that her mother, who is 90, is enjoying the books more than her father. She feels that they are helping her mom a lot as they are stimulating memories and conversation.

Ok, expected more of a challenge. Maybe more advanced dementia or young children would enjoy

Using this with my 96 yr. old dad. He is getting a little forgetful but he seems to enjoy using these "games" to give his brain a little "stretch". Several of the exercises/questions are focused toward the senior generation.

This is an engaging book for those with Dementia

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